

Resource Worksheet for “Alcohol: How Much is Too Much” Brochure

THE MOST EFFECTIVE REFERRAL OCCURS AT THE TIME OF THE INTERVIEW.

Putting the patient in direct contact with the counselor or therapist is effective. If a patient is not ready, referral information should be provided. Referral destinations should be contacted ahead of time so that they are familiar with the referral process.

The following information can be used to determine referral resources for your community. After referral information is compiled the information can then be inserted into the “Alcohol: How Much Is Too Much” brochure. A sample brochure is provided.

If you do not have a treatment facility, possible referral destinations are:

- Community programs for alcohol abuse. Check your local phone directory. Look for words such as: alcohol abuse, addiction, health agencies, mental health, shelters, social service
- Local ethnic-specific organizations may have programs and resources
- Local law enforcement and court system
- National organizations with local chapters

Referral Resources — National

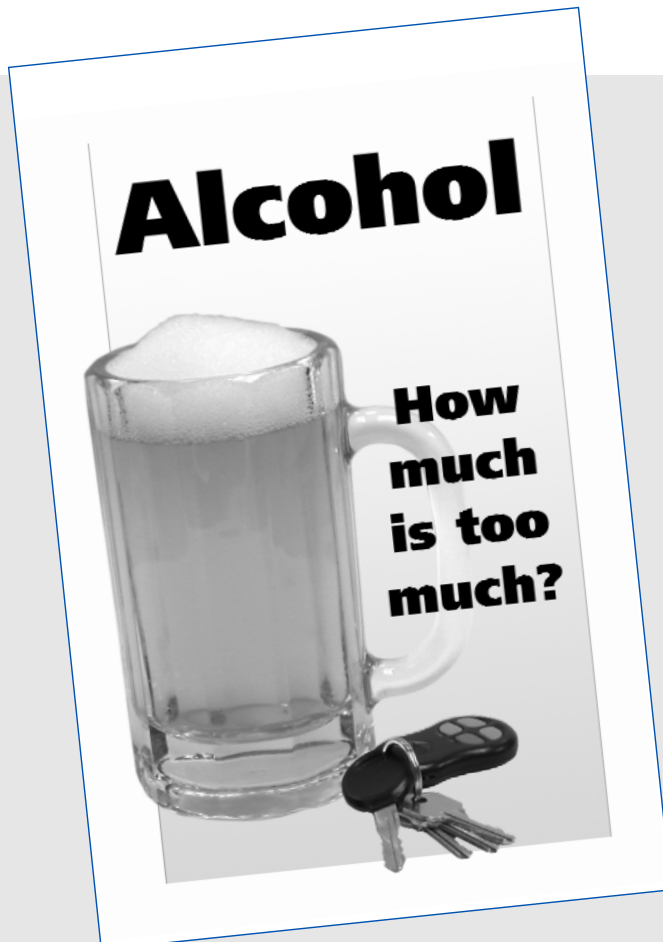
- On page two of this resource worksheet is a listing of national programs for alcohol abuse. This page was developed for you to copy and include as part of the discharge instructions.

Referral Resources — Local

- On page three of this resource worksheet is a limited listing of national programs for alcohol abuse, and space for you to fill in local resources. This page can be used to assist with the development of a resource list for your community. After the list is compiled, the referral information can be copied and included as part of the discharge instructions.

“Alcohol: How Much is Too Much” Brochure

- A sample brochure is provided in this kit. On the last page are instructions on personalizing the information for your facility. This brochure was developed for you to copy and include as part of the discharge instructions.



“Alcohol: How Much is Too Much” Brochure is included in this kit for you to customize and distribute. (A PDF of this brochure is also available at www.acep.org)

REFERRAL RESOURCES — NATIONAL

• National Hotlines

- Alcohol and Drug Helpline (*public and private resources*) 800-821-4357
- National Council on Alcoholism & Drug Dependence Hopeline 800-622-2255
- Alcohol & Drug Abuse Hotline (*literature and private programs*) 800-729-6686

• Alcoholics Anonymous (AA)

- Alcoholics Anonymous offers educational pamphlets. In addition, they offer material for people who have special needs such as material and literature in Braille, videos in American Sign Language, easy-to-read pamphlets, and much more. Central offices, intergroups and answering service phone numbers are available on their website.

P.O. Box 459, Grand Central Station
New York, New York 10163
212-870-3400
www.alcoholics-anonymous.org

• Moderation Management

- Self help group for those who want to moderate their drinking. Intended for problem drinkers who have experienced mild to moderate levels of alcohol related problems. Not for alcoholics, chronic drinkers or those who experience significant withdrawal symptoms when they stop drinking.

425-483-5293
www.moderation.org
mm@moderation.org

• National Council on Alcoholism and Drug Dependence, Inc. (NCADD)

- Operates a network of affiliates with advocacy, education, prevention and treatment programs. Fact sheets and general brochures are available for sale.

12 West 21st Street
New York, NY 10010
212-206-6770
800-NCA-CALL (Hopeline)
www.ncadd.org

• National Institute on Alcohol Abuse and Alcoholism (NIAAA)

- Pamphlet and brochures are available ("Alcoholism: Getting the Facts," "Drinking and Your Pregnancy," "How to Cut Down on Your Drinking," and the "Physicians' Guide to Helping Patients with Alcohol Problems") and can be downloaded from

silkh.nih.gov/silk/niaaa/publication/publication.htm
www.niaaa.nih.gov/

• Salvation Army

- They comprise the largest residential substance abuse rehabilitation program in the US. Locations are listed on their website. The Salvation Army has spiritually-based residential programs.

USA National Headquarters
P O Box 269
Alexandria, VA 22313
703-684-5500
703-684-3478 (fax)
www.salvationarmy.org/

• Substance Abuse and Mental Health Services Administration (SAMHSA)

- The SAMHSA compiles a National Directory of Drug Abuse and Alcoholism Treatment Programs.
findtreatment.samhsa.gov

- National Clearinghouse for Alcohol and Drug Information

www.health.org/catalog/index.htm

- List of State Substance Abuse Agencies.
findtreatment.samhsa.gov/ufds/abusedirectors/
5600 Fishers Lane
Rockville, MD 20857
info@samhsa.gov
www.samhsa.gov

• Veterans Health Administration, National Center for Health Promotion and Disease Prevention (NCHP)

- According to the NCHP, every VA facility is required to offer certain services to VA eligible beneficiaries, one of which is assessment and counseling for problem drinking. The NCHP develops and maintains current information on VHA clinical activities.

National Center for Health Promotion
VA Medical Center
508 Fulton Street
Durham, NC 27705
919-416-5880
919-416-5879 (fax)
gagni001@mc.duke.edu
www.va.gov/NCHP/
www.va.gov/health (*provides a facility locator*)

REFERRAL RESOURCES — LOCAL

• National Hotlines

- Alcohol and Drug Helpline (*public and private resources*) 800-821-4357
- National Council on Alcoholism & Drug Dependence Hopeline 800-622-2255
- Alcohol & Drug Abuse Hotline (*literature and private programs*) 800-729-6686

• Alcoholics Anonymous (AA)

- The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; AA is self-supporting. Their primary purpose is to stay sober and help other alcoholics to achieve sobriety.

• National AA

P.O. Box 459, Grand Central Station
New York, New York 10163
212-870-3400
www.alcoholics-anonymous.org

• Local AA (*include locations and times of meetings*)

Location _____	Time _____
Location _____	Time _____
Location _____	Time _____

• Salvation Army

- They comprise the largest residential substance abuse rehabilitation program in the US.

USA National Headquarters
P O Box 269
Alexandria, VA 22313
703-684-5500
703-684-3478 (*fax*)
www.salvationarmy.org/

Local Salvation Army _____
Local Salvation Army _____
Local Salvation Army _____

• Veterans Health Administration, National Center for Health Promotion and Disease Prevention (NCHP)

- According to the NCHP, every VA facility is required to offer certain services to VA eligible beneficiaries, one of which is assessment and counseling for problem drinking.

National Center for Health Promotion
VA Medical Center
508 Fulton Street
Durham, NC 27705
919-416-5880
919-416-5879 (*fax*)
gagni001@mc.duke.edu (*email*)
www.va.gov/NCHP/
www.va.gov/health (*provides a facility locator*)

• Closest VA Medical Center

Name _____
Address _____
Phone _____
Primary Focus _____
Services Provided _____
☐ Inpatient ☐ Outpatient

• Churches

Name _____
Address _____
Phone _____
Primary Focus _____
Services Provided _____

• Shelters

Name _____
Address _____
Phone _____
Primary Focus _____
Services Provided _____

• Local Government Services

Name _____
Address _____
Phone _____
Primary Focus _____
Services Provided _____

• Detoxification Centers

Name _____
Address _____
Phone _____
Primary Focus _____
Services Provided _____

• Hospital-based treatment programs

Name _____
Address _____
Phone _____
Primary Focus _____
Services Provided _____
☐ Inpatient ☐ Outpatient

Substance Abuse Treatment Programs

Name _____
Address _____
Phone _____
Primary Focus _____
Services Provided _____
☐ Inpatient ☐ Outpatient

"ALCOHOL: HOW MUCH IS TOO MUCH" BROCHURE

CUSTOMIZE THE "ALCOHOL: HOW MUCH IS TOO MUCH" BROCHURE

Below is an example of how community drug and alcohol treatment resource information can be used to customize the brochure provided in this kit. Feel free to adapt the brochure for your facility and community.

Drug and Alcohol Treatment Resources

Alcoholics Anonymous (A.A.)624-6063

AL-ANON (for family members)787-0115

Grant Street Partnership

62 Grant Street, New Haven785-9100

Monday - Friday: 8:00 am - 3:00 pm

Monday & Tuesday: 7:00 pm - 8:00 pm (AA & NA)

Immediate care program for men and women with substance abuse problems.

Northside Community Outpatient Services

226 Dixwell Avenue, New Haven773-8039

8:30 am - 5:00 pm, Wed., Appointment Only

Outpatient substance abuse treatment for those 16 and older living in Dixwell and Newhallville.

Multicultural Ambulatory Addiction Services

426 East Street New Haven95-77

Hours: 8:00 am - 9:00 pm

Comprehensive outpatient treatment for alcohol and other drugs for the 16 and older, targeted towards African American and Latino

Hispanic

1 Long Wharf Drive, New Haven789-7812

Mo., Tu., Th., Fr. 8:00 am - 5:00 pm, Sa. 11:00 am - 1:00 pm

Evaluation and treatment for alcohol and other drugs, serving the Hispanic community. Call for an appointment or walk-in.

South Central Rehabilitation Center (SCRC)

232 Cedar Street, New Haven782-1106

A detox facility open 24 hours a day for those with addictions to alcohol and other drugs. Walk-ins accepted.

Yale Psychiatric Institute (YPI)

184 Liberty Street, New Haven785-7201

Evening detoxification programs for chemically addicted persons.

Substance Abuse Treatment Unit (SATU)

1 Long Wharf Drive, Box 18, New Haven789-7387

Hours: 8:30-4:30, Call for an appointment. A centralevaluation and referral unit for drug and alcohol abuse treatment.

Alcohol

How much is too much?

